

HARAMBE

A Quarterly Foundation Newsletter

Harambe is an African word which means “working together.” It is also the foundation’s slogan and name of one of Mrs. Rita Marley’s most popular tunes. Available through our website quarterly, this newsletter will be a vital vehicle to inform you of our foundation’s endeavors, events and accomplishments; importantly, we eagerly anticipate “working together” with you, through your contributions and feedback. So with One Love we could nurture Harambe into a constructive newsletter.



TRAINING & GIFTS FOR MARY’S CHILD HOME

In keeping with our emphasis on educating young girls and women for personal and professional empowerment, Rita Marley Foundation (RMF) held a training session on “Self Esteem & Lifestyle Balance” with the young mothers of Mary’s Child Home. Located in Kingston, Jamaica, the home serves as a temporary shelter for displaced girls (ages 13-17) who are expecting or have babies.

During the exciting and enlightening session, participants were taught that one is not born with high or low self-esteem; rather it is learnt. Every person we meet and experience lived impacts our self-esteem. Some will make us stronger while others will weaken it. The facilitator, Rosemary Duncan of the Rita Marley Foundation, stressed that it is important to maintain high self-esteem regardless of the negative experiences we have been through. Growth, healing and happiness can only occur when a person lets go of past pain.

Furthermore, she imparted that no one can make a person feel inferior without approval. “One has to always believe that they are the best at whatever they do, they are capable of achieving their goals and that they are loved.” However, when negative people state otherwise and we believe them, this causes us to impose barriers on ourselves and our success in life.

The facilitator also encouraged the young mothers to let go of the negative persons in their lives. They are dangerous and retard growth and success. Such persons do not want others to achieve anything positive, she stated. In closing, the girls were encouraged to maintain positive relationships, set goals and try to achieve them. Have positive role models; especially women who have been through similar experiences and triumphed.

A presentation of clothes and toys was made to the Mary’s Child Home by Ms. Serita Stewart of the Rita Marley Foundation. The items were gifts from Ms. Stephanie Marley. The mothers and school administrators were incredibly touched. They requested a similar training session be held very soon and thanked the Rita Marley Foundation for its service and contribution.

Notice: Mary’s Child Home was damaged during the passage of Hurricane Dean. Your kind assistance is needed to restore the home. Work with us to assist with its restoration. 🇯🇲

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“No woman, no cry. No woman, no cry / Little Darlin’, Don’t shed no tears. / No woman, no cry.”
– Bob Marley

Happy Birthday Nana!

On Wednesday, July 25 the residents of Konkonuru Community in Ghana gathered at the village's community center in celebration of Nana Afua Adobea I, Mrs. Rita Marley's, birthday.

During the day long festivity students of the Konkonuru Kindergarten School read poems in praise of Mrs. Marley. The village chief, teachers and other community representatives participated in the cake-cutting ceremony. Everyone sang, danced and thoroughly enjoyed that very special day. 🇬🇭



One Love, one heart / Let's get together and feel alright! - Bob Marley

Mrs. Marley Receives True Joseph Award for Bob

The Honourable Robert Nesta Marley was selected by the government of the Republic of Ghana to be honoured as an immortal Joseph during this inaugural year of the “Joseph Project.” The selection was based on the fact that Bob Marley’s powerful message of peace, love and unity continues to inspire all Africans to strive to overcome all existing difficulties. Bob Marley’s life and message motivates all Africans. He used his God given talents to empower Africans and people of African decent.

Like the Biblical Joseph, many Africans have overcome the burden of slavery. They have risen above the burden of captivity. Today they are shining examples of the best in human spirit and what can be achieved if we set our minds to our goals. Bob Marley is the True Joseph.

Mrs. Rita Marley, was specially invited by the government of Ghana to collect this prestigious award on her husband’s behalf. The ceremony was held at the Elmina Castle on Wednesday, August 1, 2007.

This year’s theme was “Reuniting the African Family.” The True Joseph’s Project consists of activities and actions that aim to establish Ghana as the nation for all nations. It’s goal is for the 21st century to be the African century. It is also a call to Africans throughout the Diaspora to return to our ancestral home.

Ghana was the first African colony south of the Sahara to gain independence. Ghana, the “Black Star” of Africa, drew inspiration from the fight for full emancipation of all Africans worldwide. This year marks Ghana’s 50th year of independence. The country’s focus is the celebration of African Excellence and launch of the “True Joseph’s Project.”

During the climax of the week long celebration, Mrs. Rita Marley was enrobed as a descendant of an Immortal Joseph. 🇰🇪

FAN MAIL

Hi,

You guys are doing a wonderful job for our motherland. I wanna give thanks for your insights and help through Bob and Rita Marley's Africa Unite Foundations. I've also seen Rita Marley Foundation and how it's helping the people of Ghana. I do know with time the Foundation's capabilities will also see it move to Eastern Africa and enjoy the peaceful love offered by its people.

As Rita said in her song "HARAMBEE" - coming together n working in harmony. You see that's our language, used mainly in calling for support in our nation Kenya famously by the founding father of the nation, the late JOMO KENYATTA.

For the memories of Bob Marley.....Let's hope our leaders we'll eventually unite us.

– David Ekwan

Kenya 🇰🇪

David Cupples wrote:

Hi, is this Rita herself?

If so, what a thrill... any connection to Bob is pure magic... And you were the biggest connection!! actually, that was \$150, but don't worry, Sister Eleanor thanked me way last March.

I'm teaching English in Taiwan right now, and there's a JA guy who play music and just opened a patty stand. Stopped by the other day and there's guy from Ghana there, and I say, "hey, Rita Marley still over there?" and he says, "Yeah mon, she's opening all these schools..."so way over here in Taipei, we are hearing about your work.....!!!!

GREAT WORK!!

I sometimes buy Ghana chocolate for my mom on the internet, Divine, a fair trade chocolate... it gets me to thinking, with the internet, can people in JA get going on selling fair trade products via the Internet? I say this because I have a young JA friend who is on a work visa in US working at a resort, and when she goes home she buys things in US to take to JA.. And I say to her, can you figure out a way to sell JA goods to US instead of the other way around? but its a tough system to beat. Babylon System, as you so well know. The US prices are lower because of "free trade"--so people want to shop there. can't blame them. it takes people getting together, takes money and effort to fight back. Anyway, you know all that better than me, probably.

take care,

— David 🇰🇪